**Missoula County Public Schools**

**Graduations Matters Missoula Student Wellness Subcommittee**

Wednesday, November 6, 2013

3:30-5:00pm

Administration Building, Room 14

**Guiding Question:**

How do we work with students, staff, parents, and community members to identify and implement strategies that will significantly improve the physical and mental health of students so that we may ensure 100% graduation for all students, regardless of circumstances?

**Long term targets:**

***Enhance Student Wellness*** – work with students, staff, parents and community members to identify and implement strategies that will significantly improve the physical and mental health of students. Work on both policy and curricular recommendations in the following subcategories:

* Nutrition
* Physical Activity
* School Health
* Mental Wellness/Substance Abuse Prevention

**Short term targets:**

* Provide feedback on wording for long-term goal for Summit part 2 (Heather)
* React to working title for Summit part 2 (Mary/Lisa)
* React to working titles for break out sessions for Summit part 2 (Mary/Lisa)
* React to keynote speaker possibilities (Linda)
* React to “a day in the nutritious life” speaker possibilities (is Mary McCourt a possibility?)
* Update on venue (Steve)
* Update on potential funding sources (all)

**AGENDA**

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| **3:30-3:35** | Welcome and review agenda |
| **3:35-3:50** | Review summary of action steps from Summit 1: begin prioritization process   1. What is the most important? 2. What resources are needed to accomplish each action? 3. What is realistic?   Postponed discussion of this topic until more committee members focused on physical activity were present. Later came up with plan to divide committee into two work groups for Dec. 5th meeting:   * Action Plan for Summit Part I * Planning for Summit Part II * Perhaps add a 3rd focused on the overall picture of student wellness, action plan that includes a student summit in spring 2014? (this came out of discussion with GMM Exec Committee Friday, Nov 8) |
| **3:50-3:55** | Provide feedback on wording for long-term goal for Summit part 2 (Heather)  “Understand and apply nutrition standards to food choices”  Reworded to:   * “Creating the optimal nutritional environment for student success” |
| **3:55-4:00** | React to working title for Summit part 2 (Mary/Lisa)  Fuel to Learn: The Devil is In the Cupcake |
| **4:00-4:15** | React to working titles for break out sessions for Summit part 2 (Mary/Lisa)  Used language from draft competitive foods procedures under “Foods Addressed by These Procedures”   1. School stores 2. Vending machines 3. Fundraising during the school and extended school day 4. Rewards, incentives, and snacks provided by staff for hungry students 5. Classroom celebrations |

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| **4:15-4:25** | React to keynote speaker possibilities (Linda) reviewed options/feedback Linda pulled together.  Jessica Donze Black, Pew Charitable Trusts, Director of “Kids Safe and Healthful Foods Project”  Right price: only need to cover travel expenses  Policy driven  Committee requests to “see” speaker; Heather emailed Linda to see if she can make contact with speaker to find a sample |
| **4:25-4:30** | React to “a day in the nutritious life” speaker possibilities (is Mary McCourt a possibility?)  Great Falls is implementing a more comprehensive approach and have already tackled the competitive foods issue. Could they send a speaker? Lisa and/or Mary will contact Great Falls to see if we can find someone to come to Missoula for presentation. |
| **4:30-4:40** | Update on venue (Steve)  Checking on breakout rooms – we need more  Donated outside food is okay if we notify in advance (cannot bring in purchased food)  UM Events/Catering can differentiate their menu to meet our nutritional needs with 3-4 week advance notice |
| **4:40-4:55** | Update on potential funding sources (all)  Lisa is making a sponsorship level page to share  UM SHAPE P20 funds may be able to help with funding this event as well (Steve Gaskill’s project)   * ADA (Lisa) * Local grocery stores (Lisa) * Community Hospital (Jason) * St. Patrick’s Hospital (Andrea) * UM facilities donated (Steve) * Bring donated food to UM facility? (Steve) |
| **4:55-5:00** | Closing and next steps: Review who will complete what  **Our next meeting will dedicate time to how we will communicate our action steps from Summit 1 so that we can send to our audience by mid-December.**  **Divide our group into smaller subgroups to focus on certain tasks.**  ***Next meeting:***   * Thursday, December 5, 3:30-5pm |